

Summary

Sexual health promotion for adolescents with an intersex condition

Not everyone is born with a typical male or female body: roughly 85 thousand people in the Netherlands are characterized by atypical sex development (also called intersex). Although it concerns natural variations, shame and secrecy may play a role in both daily life and health care. In fact, little is known about how intersex conditions impact sexual development and experiences in young people. It is unclear how comfortable these young people feel to have sex and to what extent they enjoy sex compared to people of their age. Moreover, we lack information on how they view their own bodies, identity and sexuality. This project is a collaboration between clinical professionals and peer support groups, and aims to gain knowledge on this subject and wherever required, develop accessible information material.